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3 **Preparation, characterization of simvastatin/DM $\beta$ CD complex and its pharmacokinetics in**  
4 **rats**

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16 Simvastatin is poorly bioavailable as it is practically insoluble in water and shows dissolution  
17 rate-limited absorption. Solubilizing effects of several  $\beta$ -cyclodextrin ( $\beta$ CD) derivatives such as  
18 HP $\beta$ CD, SBE $\beta$ CD and DM $\beta$ CD on simvastatin in aqueous solution were investigated by the phase  
19 solubility technique. The solubility diagram of simvastatin with the each  $\beta$ CD derivative could be  
20 classified as AL-type, indicating the soluble complex formation of 1:1 stoichiometry. DM $\beta$ CD was  
21 found to be the most ideal complexing agent in improving the solubility of the drug among the  
22 above  $\beta$ CD derivatives. The simvastatin complex with DM $\beta$ CD was prepared using  
23 co-evaporation method and then characterized by differential scanning calorimetry (DSC),  
24 Fourier-transform infrared spectroscopy (FT-IR) and *in vitro* dissolution. Dissolution and  
25 pharmacokinetic studies indicated that simvastatin/DM $\beta$ CD complex exhibited increased  
26 dissolution rate, rapid absorption, and improved bioavailability in rats as compared with free drug.  
27 Maximal plasma concentration ( $c_{\max}$ ) and the time to reach it ( $t_{\max}$ ) were 21.86  $\mu\text{g mL}^{-1}$  and 1.4 h  
28 for the drug complex, 8.25  $\mu\text{g mL}^{-1}$  and 3.0 h for free drug, respectively. Main pharmacokinetic  
29 parameters such as  $t_{\max}$ ,  $c_{\max}$  between the simvastatin complex and free drug were significantly  
30 different ( $p < 0.01$ ). Relative bioavailability of the simvastatin complex to free drug was up to  
31 167.0 %.

32

33 **Keywords:** simvastatin, DM $\beta$ CD, complex, solubility, dissolution rate, pharmacokinetics

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39 Simvastatin is a cholesterol lowering agent, which is an inhibitor of  
40 3-hydroxy-3-methylglutaryl-coenzyme A (HMG-CoA) reductase belonging to the class of statins.  
41 It is an inactive prodrug that undergoes enzymatic and chemical conversion in the intestine, plasma,  
42 and liver to the hydroxyacid form of the drug (SVA), the main pharmacologically active metabolite.  
43 After conversion, SVA acts by decreasing cholesterol synthesis and increasing low density  
44 lipoprotein catabolism that turns in the reduction of cholesterol levels and subsequent prevention  
45 of coronary heart diseases and thus simvastatin is widely used to treat hypercholesterolemia ( 1 ) .  
46 As the drug is practically insoluble in water, it is poorly absorbed from the gastrointestinal (GI)  
47 tract after oral administration, which results in low bioavailability and also poor clinical treatment  
48 efficacy (2, 3). Presently, many methods or techniques such as micronization, solid dispersion,  
49 cyclodextrin complexation, microemulsion, liposomes, nanoparticles, phospholipid complex, and  
50 self-microemulsifying drug delivery system (SMEDDS), etc have been tried to improve the  
51 solubility, dissolution rate and therefore oral bioavailability of the drug (4-12).

52 Cyclodextrins (CDs) are well known molecular entities used as pharmaceutical excipients  
53 mainly to modulate the physicochemical and pharmaceutical properties of some drugs, such as  
54 increased solubility and dissolution rate, improved chemical stability and bioavailability, reduced  
55 toxicity and irritation and controlled rate release (13). In recent years, several important derivatives  
56 of  $\beta$ CD, such as hydroxypropyl- $\beta$ -cyclodextrin (HP $\beta$ CD), sulfobutylether- $\beta$ -cyclodextrin  
57 (SBE $\beta$ CD) and dimethyl- $\beta$ -CD (DM $\beta$ CD) have gained considerable attention because of their  
58 greater aqueous solubility, higher safety and better complexation ability (14-16). Thus, simvastatin  
59 complexation with the above water-soluble  $\beta$ CD derivatives may be an ideal method to solve the  
60 problems of poor solubility, dissolution rate and thus low oral bioavailability of the drug.

61 So far, CDs such as  $\alpha$ CD,  $\beta$ CD,  $\gamma$ CD, randomly methylated- $\beta$ CD (RM $\beta$ CD) and HP $\beta$ CD have  
62 been reported to be able to form inclusion complexes with simvastatin (17, 18). Furthermore, it has  
63 been found that the drug/HP $\beta$ CD complex orally administered to rats displayed a higher  
64 hypolipidemic activity in term of total cholesterol serum levels as compared to free simvastatin  
65 (19). However, the most optimal CDs complexing excipients for improving the solubility and  
66 dissolution rate of the drug are unknown and the exact bioavailability of the drug/CDs complex  
67 following oral dosing has not been reported in the literatures. Thus, the objective of this study was  
68 to investigate and compare the solubilizing effects of the several derivatives of  $\beta$ CD on the  
69 aqueous solubility of simvastatin. The most optimal complexing agent DM $\beta$ CD was then chosen  
70 to prepare simvastatin complex. DSC, FT-IR, dissolution rate studies were used to characterize the  
71 properties of the drug/DM $\beta$ CD complex. The pharmacokinetics and relative bioavailability of  
72 simvastatin/ DM $\beta$ CD complex was also evaluated in rats.

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## EXPERIMENTAL

### *Materials*

Simvastatin of 98.2% purity was purchased from Jinxin Pharmaceutical Industry Co. (China).  $\beta$ CD of 100.0% purity, HP $\beta$ CD of 99.0% purity (degree of substitution 4.9 and average molecular weight of 1419 Da) and SBE $\beta$ CD of 99.5% purity (degree of substitution 6.2 and average molecular weight of 2115 Da) were all purchased from Shandong Xinda Biotechnology Co., Ltd. (China). DM $\beta$ CD of 99.6 % purity (degree of substitution 13.0 and average molecular weight of 1317 Da) was a gift from Binzhou Zhiyuan Biotechnology Co., Ltd. (China). The HPLC grade acetonitrile was obtained from Beijing Mreda Technology Co., Ltd. (China). All other chemicals and solvents were of analytical reagent grade and used as received without further purification. Deionized double-distilled water was used throughout.

### *Determination of simvastatin content*

Content of simvastatin was determined by reversed-phase high-performance liquid chromatography (RP-HPLC) method as reported with minor modifications (20). The HPLC system consisted of a LC-20AT pump equipped with a SIL-20A autosampler, a SPD-20A ultraviolet-visible detector from Shimadzu (Japan). The analysis was performed at room temperature on a C18 column (250×4.6 mm i.d., 5.0  $\mu$ m, Japan). The mobile phase was a mixture of 0.025 mol L<sup>-1</sup> phosphate buffer (pH 4.5) and acetonitrile at a volume ratio of 20/80 (V/V) and pumped at a flow rate of 1.0 mL min<sup>-1</sup>. The injection volume was 20  $\mu$ L and the detection wavelength was fixed at 238 nm. Quantification was carried out according to the correlation relationship between the chromatographic peak area of the drug (*A*) and its mass concentration (*c*). The obtained calibration equation ( $A = 57725c - 12919$ ,  $n = 7$ ) showed good linearity over the concentration range of 0.22–21.7  $\mu$ g mL<sup>-1</sup> with the correlation coefficient of over 0.9995. The lowest limit of quantification (LLOQ) for the drug determination was 0.22  $\mu$ g mL<sup>-1</sup>. Within-day and between-day precisions of the analytical method were both lower than 2.0 %. The accuracy of the drug determination was found to be 99.43± 0.75 % ( $n = 9$ ).

### *Phase solubility studies*

To investigate and compare the solubilizing effect of several derivatives of  $\beta$ CD, such as HP $\beta$ CD, SBE $\beta$ CD and DM $\beta$ CD on simvastatin, phase solubility studies were performed according to the method reported by Higuchi and Connors (21). An excess amount of simvastatin was added to 10 mL of aqueous solutions containing increasing concentrations of the above several  $\beta$ -CD derivatives (each from 0 to 10 mmol L<sup>-1</sup>) and then shaken in screw capped glass vials at 37.5°C for

108 48 h, time considered enough to reach the equilibrium. All the suspensions were withdrawn,  
109 filtered through a 0.45  $\mu\text{m}$  syringe filter and properly diluted with water and analysed for the drug  
110 content by RP-HPLC method as reported above. The phase solubility diagram was constructed by  
111 plotting the drug concentration against the CDs concentration. The apparent complexation constant  
112 ( $K_c$ ) of the simvastatin complex with each CD was calculated from the linear graph obtained by  
113 plotting the concentration ( $\text{mmol}\cdot\text{L}^{-1}$ ) of the drug in the solution versus CD concentration  
114 ( $\text{mmol}\cdot\text{L}^{-1}$ ) according to the equation:  $K_c = \text{Slope}/[\text{Intercept}(1-\text{Slope})]$ .

115

#### 116 ***Preparation of simvastatin /DM $\beta$ CD complex***

117 According to the results of the above phase solubility studies, DM $\beta$ CD was found to be the  
118 most optimal complexing excipient in solubilizing simvastatin among the investigated all CDs.  
119 Thus, the drug complex with DM $\beta$ CD at 1:1 stoichiometric ratio was prepared by the  
120 co-evaporation method (22). Accurately weighted simvastatin was dissolved in minimum volume  
121 of acetone, while DM $\beta$ CD was dissolved in suitable volume of water. After which, the drug  
122 solution was added dropwise and fully mixed with DM $\beta$ CD solution in a mortar. The resultant  
123 mixture was evaporated at 60°C to dryness in a vacuum oven. The obtained solid was passed  
124 through 100 mesh sieve for further use. A physical mixture of the drug with DM $\beta$ CD in the same  
125 molar ratio was prepared by simply mixing the two components.

126

#### 127 ***Confirmation of simvastatin/ DM $\beta$ CD complex***

128 Differential Scanning Calorimetry (DSC) analyses of simvastatin, DM $\beta$ CD, simvastatin  
129 /DM $\beta$ CD physical mixture (PM ) and simvastatin /DM $\beta$ CD complex were carried out on the  
130 simultaneous thermal analyzer STA 449 F3 Jupiter® ( Netzsch-Gerätebau GmbH, Germany).  
131 Samples weighing between 5 and 10 mg were loaded into open aluminum pans and placed into the  
132 DSC cell. The cell had a nitrogen purge flowing at approximately 20 mL min<sup>-1</sup>. The DSC was used  
133 to analyze the samples from 40–200°C with a 10°C/min heating rate. An indium pan served as  
134 reference, and all scans were performed in triplicate. The instrument was calibrated before sample  
135 analysis, using an indium standard.

136 Fourier-transform infrared (FT-IR) analyses of the samples were performed using a  
137 Perkin-Elmer Spectrum Two spectrometer (PerkinElmer Corporation, USA). Simvastatin, DM $\beta$ CD,  
138 simvastatin /DM $\beta$ CD PM and simvastatin /DM $\beta$ CD complex was mixed separately with IR grade  
139 KBr in the weight ratio of 100:1 for preparing the tablets. The final spectra were performed in  
140 range of 400–4000 cm<sup>-1</sup> with 2 cm<sup>-1</sup> resolution. All samples were analyzed in triplicate.

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### 142 *Solubility of simvastatin/ DM $\beta$ CD complex*

143 The solubilities of simvastatin and its DM $\beta$ CD complex were determined using water or  
144 pH7.0 phosphate buffer containing 0.5% (*m/V*) SLS as solvents to to examine the effect of pH and  
145 surfactant on drug solubility. An excess amount of samples was added to 5 mL of water or the  
146 pH7.0 phosphate buffer in glass test tubes sealed with stoppers. The tubes were kept in a  
147 thermostatic water bath and shaken at 50 $\pm$ 0.5 $^{\circ}$ C and 50 rpm until reaching equilibrium for a period  
148 of 48h. A portion of solution was withdrawn and then filtered through 0.45- $\mu$ m syringe filter and  
149 suitably diluted with the mobile Finally, the drug concentration was also analyzed by the above  
150 RP-HPLC method.

### 152 *Dissolution of simvastatin/DM $\beta$ CD complex*

153 The dissolution studies were conducted using a ZRS-8 intelligence dissolution tester (Tianjin,  
154 China) based on the 2015 edition of Chinese Pharmacopoeia, apparatus 2 method. Powders of  
155 simvastatin and its DM $\beta$ CD complex equivalent to 10 mg of the drug were placed in 900 mL of  
156 pH 7.0 phosphate buffer thermostatically maintained at 37 $\pm$ 0.5 $^{\circ}$ C, with a paddle stirring speed of  
157 100 rpm. At specific time intervals, 5 mL of the samples were withdrawn and immediately filtered  
158 through 0.45  $\mu$ m syringe filter. Meanwhile, equal volume of the dissolution media maintained at  
159 37 $\pm$ 0.5 $^{\circ}$ C was added to keep the dissolution media volume constant. The filtrates were  
160 appropriately diluted and subjected to drug analysis using the above HPLC method. The results are  
161 reported as cumulative percent drug dissolved in three replicates.

### 163 *Animal experiments*

164 The pharmacokinetics and bioavailability of simvastatin/DM $\beta$ CD complex was performed in  
165 comparison with free drug in male Wistar rats (Inner Mongolia University Experimental Animal  
166 Center, Hohhot, China), weighing 200-220 g. The study was approved by the Institutional Animal  
167 Ethics Committee of Affiliated Hospital, Inner Mongolia Medical University. Throughout the  
168 experiment, the animals were housed in plastic cages on corn-cob bedding at room temperature  
169 (25 $^{\circ}$ C) with a 12 h light/dark cycle. The animals were kept in these facilities for at least 1 week  
170 before the experiment and fasted for 12 h prior to experiments with free access to water. Twelve  
171 rats were randomly divided into two groups, each group having six animals. The test and reference  
172 groups were given orally 1 ml 100 g $^{-1}$  b.m. of 0.5% (*m/V*) CMC aqueous suspension containing  
173 free simvastatin or its DM $\beta$ CD complex at a dose of 50 mg kg $^{-1}$  b.m. via gastric gavage needles,  
174 respectively. Blood samples of 0.5 mL each were withdrawn into 1.5-mL heparinized PE tubes at  
175 0.25, 0.5, 1.0, 1.5, 2.0, 3.0, 4.0, 5.0, 6.0, 8.0 and 10.0 h following oral dosing by retro-orbital

176 puncture. At the same time, an equal volume of 0.9 % normal saline was given intraperitoneally to  
177 rats immediately after each blood sampling. All plasma samples were obtained by centrifuging  
178 blood samples at 4,000 rpm for 10 min and were stored at  $-20^{\circ}\text{C}$  until HPLC analysis.

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### 180 *Analysis of simvastatin in plasma*

181 Simvastatin in rat plasma was quantified by the HPLC-UV method according to the reported  
182 method with some modifications ( 23, 24. Briefly, aliquots of 200  $\mu\text{L}$  plasma were pipetted into  
183 5-ml centrifuge tubes, 100  $\mu\text{L}$  of methanol and 20  $\mu\text{L}$  of internal standard (5  $\mu\text{g}\cdot\text{mL}^{-1}$  lovastation  
184 solution prepared with methanol) were added and vortexed for 2min. Then, 800  $\mu\text{L}$  of cyclohexane  
185 was added and then vortexed for 30 s and then centrifuged for 10 min at 4000 rpm. The organic  
186 layer was transferred to a clean centrifuge tubes and then evaporated under a gentle nitrogen flow  
187 at  $45^{\circ}\text{C}$  till dryness. The residue was reconstituted with 400  $\mu\text{L}$  of methanol and vortexed for 60 s  
188 and then centrifuged for 10 min at 4000 rpm. Finally, 20  $\mu\text{L}$  of the supernatant was injected into  
189 the HPLC system using autosampler. The bioanalysis of simvastatin was performed on a Wondasil  
190 C18 column (250 $\times$ 4.6 mm, i.d., 5  $\mu\text{m}$ , Japan) with the guard column SuperSustain C18 ( 10 $\times$  4.0  
191 mm, i.d., 5  $\mu\text{m}$ , Japan). The mobile phase consisted of acetonitrile, water and acetic acid at a  
192 volume ratio of 70/30/0.1 (V/V) and was set at flow rate of 1.0  $\text{mL min}^{-1}$ . The detection wave  
193 length was fixed at 238 nm. All assays were performed at the column temperature of  $30^{\circ}\text{C}$ .  
194 Quantification was performed according to the peak area ratio of the drug to internal standard ( $Y =$   
195  $A_{\text{drug}} / A_{\text{IS}}$ ). The obtained calibration equation ( $Y = 0.0339c - 0.0123$ ,  $n = 7$ ) showed good linearity  
196 over the concentration range of 0.18–36.7  $\mu\text{g mL}^{-1}$  with the correlation coefficient of over 0.9994.  
197 The lowest limit of quantification (LLOQ) for the drug determination in rat plasma was 0.367  $\mu\text{g}$   
198  $\text{mL}^{-1}$ . Accuracy of simvastatin determination in rat plasma was found to be  $102.4 \pm 4.38\%$  ( $n = 9$ ).  
199 Within-day and between-day precisions of the analytical method were both lower than 10.0 %.  
200 Mean extraction recovery of simvastatin in rat plasma was over 90.0 %.

201

### 202 *Pharmacokinetic analysis*

203 Pharmacokinetic analysis was performed by means of a model-independent method using the  
204 3P97 pharmacokinetic program issued by the Chinese State Food and Drug Administration. The  
205 elimination rate constant ( $K_{\text{el}}$ ) was obtained as the slope of the linear regression of the  
206 log-transformed plasma concentration values versus time data in the terminal phase. The  
207 elimination half-life ( $t_{1/2}$ ) was calculated as  $0.693/K_{\text{el}}$ . Peak concentration ( $c_{\text{max}}$ ) of the drug in  
208 plasma as well as the time to reach it ( $t_{\text{max}}$ ) were observed as raw data. The area under the curve to  
209 the last measurable concentration ( $\text{AUC}_{0-t}$ ) was calculated by the linear trapezoidal rule. The area

210 under the curve extrapolated to infinity ( $AUC_{0-\infty}$ ) was calculated as  $AUC_{0-t+c_t}/K_{el}$ , where  $c_t$  is the  
211 last measurable concentration. The analysis and comparison of the pharmacokinetic parameters of  
212 free simvastatin and its DM $\beta$ CD complex were performed using the SPSS statistical software  
213 (version 22.0, SPSS Inc.).  $p < 0.05$  was taken as statistically significant.

## 215 RESULTS AND DISCUSSION

### 216 *Phase solubility studies*

217 As shown in Fig.1, the solubility of simvastatin increased linearly as a function of CDs  
218 concentration. The phase solubility diagram of simvastatin for each CD follows an AL-type  
219 according to Higuchi and Connors' classification, suggesting the soluble complex formation of 1:1  
220 stoichiometry over the concentration range (0-10 mmol L<sup>-1</sup>) investigated. These results were in  
221 close agreement with the previous reports (19, 25). The apparent complexation constant ( $K_c$ )  
222 values calculated from phase solubility diagram were 91895, 53530, 23564 and 4702 L mol<sup>-1</sup> for  
223 DM $\beta$ CD, SBE $\beta$ CD, HP $\beta$ CD and  $\beta$ CD complex, respectively. In other words, the host-guest  
224 molecular interaction forces between simvastatin and CDs were in the order:  
225 DM $\beta$ CD>SBE $\beta$ CD>HP $\beta$ CD> $\beta$ -CD, suggesting that the effect of steric hindrance of the  
226 sulfobutylether group in SBE $\beta$ CD or the hydropropyl group in HP $\beta$ CD being greater than that of  
227 the methyl group in DM $\beta$ CD (26). Moreover, the solubilizing effect of the above CDs on the drug  
228 was also in the order: DM $\beta$ CD>SBE $\beta$ CD>HP $\beta$ CD> $\beta$ -CD. When the concentration of each CD  
229 was reached at 10 mmol L<sup>-1</sup>, the drug solubility showed approximately a 900-fold increase for  
230 DM $\beta$ CD, 530-fold increase for SBE $\beta$ CD, 230-fold increase for HP $\beta$ CD and 80-fold increase for  
231  $\beta$ CD as compared with free simvastatin. Thus, DM $\beta$ CD seemed to be the most ideal complexing  
232 agent in solubilizing the drug.

233 Fig. 1

### 235 *Confirmation of simvastatin/ DM $\beta$ CD complex*

236 The DSC thermograms of simvastatin, DM $\beta$ CD, simvastatin/DM $\beta$ CD (PM), simvastatin  
237 /DM $\beta$ CD complex were given in Fig. 2. Simvastatin was characterized by sharp melting  
238 endothermic peak at 140.5°C during DSC analysis and the thermogram of DM $\beta$ CD exhibited a  
239 very broad endothermic effect in the temperature range 45-120°C, which attained a maximum  
240 about 90°C due to the release of water molecules. The DSC curve of simvastatin/DM $\beta$ CD (PM)  
241 shows two peaks: a broad endotherm around 90°C corresponding to the water loss of DM $\beta$ CD and  
242 an endothermal melting peak at 139.5°C characteristic of the drug. For simvastatin/DM $\beta$ CD  
243 complex, however, the endothermic peak corresponding to the drug almost disappeared and



244 furthermore the melting temperature of the drug changed to less than 138°C, probably revealing  
245 conversion of simvastatin crystalline to amorphous form after complexation by DM $\beta$ CD.

246

247

Fig. 2.

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249 The FT-IR spectra of simvastatin, DM $\beta$ CD, simvastatin/DM $\beta$ CD ( PM ) and  
250 simvastatin/DM $\beta$ CD complex are shown in Fig. 3. The characteristic absorption peaks of  
251 simvastatin was found at 3545 cm<sup>-1</sup> (free O–H stretching vibration), 2970 cm<sup>-1</sup> (methyl C–H  
252 stretching vibration), 1,723 and 1696 cm<sup>-1</sup> (stretching vibration of C=O for ester and lactone),  
253 1285 cm<sup>-1</sup> (lactone –C–O–C stretching vibration) and the FT-IR spectra of DM $\beta$ CD showed  
254 prominent absorption bands at 3415 cm<sup>-1</sup> (O–H stretching vibration) and 2940 cm<sup>-1</sup> (C–H  
255 stretching vibration) and 1175cm<sup>-1</sup>, 1010 cm<sup>-1</sup> (C-H, O–H stretching vibration). Additionally, the  
256 FT-IR spectra of simvastatin/DM $\beta$ CD (PM) showed no obvious differences from the separate  
257 spectra of simvastatin and DM $\beta$ CD, especially the obvious stretching vibration peak of the  
258 carbonyl group for the drug still existed. For the FT-IR spectra of simvastatin/DM $\beta$ CD complex,  
259 however, the characteristic absorption peaks of the carbonyl group of the drug in the range  
260 1600-1800 cm<sup>-1</sup> almost disappeared. This can be probably attributed to the complexation of the  
261 drug into DM $\beta$ CD hydrophobic cavity. The above results also indicated that the carbonyl group of  
262 lactone ring of simvastatin might be involved in the complexation process (27).

263

264

Fig. 3.

265

### 266 ***Solubility of simvastatin/DM $\beta$ CD complex***

267 The observed solubilities of free simvastatin and its DM $\beta$ CD complex in distilled water or pH  
268 7.0 phosphate buffer containing 0.5% SLS were shown in Table I. The solubility of the  
269 drug/DM $\beta$ CD complex exhibited 250-fold increase in water, 2.65-fold increase in pH7.0  
270 phosphate buffer containing 0.5%SLS at 50±0.5°C as compared with free drug. The results were  
271 very similar to those reported by Aushuman et al (2). According to the chemical structure of  
272 simvastatin, it seems impossible for the drug to convert to salt forms in water or pH 7.0 phosphate  
273 buffer. Thus, the obviously increased solubility of free simvastatin in pH 7.0 phosphate buffer  
274 containing 0.5% SLS could be primarily attributed to the solubilizing effect of the surfactant SLS  
275 rather than the effect of media pH. Since the solubility of simvastatin in water was quite low, the  
276 solubilizing effect of SLS on the drug, however, was very significant, the increase in solubility of  
277 *simvastatin/DM $\beta$ CD complex* was more remarkable in water than in pH 7.0 phosphate buffer

278 containing 0.5% SLS. In other words, the solubilizing effect of SLS alone on the drug seemed to  
279 be more prominent than that of *DMβCD* alone.

280

281

Table I

### 282 *Dissolution of simvastatin/DMβCD complex*

283 Fig. 4 showed the dissolution profiles of simvastatin and its *DMβCD* complex. The nearly  
284 complete dissolution of simvastatin from the drug/*DMβCD* complex could be reached at 20 min,  
285 however, the cumulative dissolution for free drug was less than 40% at the same time, and lower  
286 than 80% even at 60 min. Based on the results from our research, the notably improved dissolution  
287 rate of simvastatin might be attributed to the amorphous state, the increased wettability of the drug  
288 and complex formation with *DMβCD* in aqueous solution (28).

289

290

Fig. 4

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### 292 *Pharmacokinetic studies*

293 The mean plasma concentration-time profiles after intra-gastric administration of  
294 simvastatin/*DMβCD* complex suspension as well as free drug suspension are illustrated in Fig. 5,  
295 while the main pharmacokinetic parameters of the drug are summarized in Table II. From the  
296 plasma time profile, very rapid absorption of the drug from the *DMβCD* complex was observed in  
297 rats and  $t_{max}$  was only approximately 1.4 h. In contrast, the maximal plasma concentration ( $c_{max}$ )  
298 was achieved in about 3.0 h when the free drug was given to rats orally. The above results  
299 suggested that simvastatin was more easily dissolved and thus absorbed from the drug/*DMβCD*  
300 complex in rats. Furthermore, the obtained  $c_{max}$  for the drug complex was found to be  
301 approximately 2.5 times higher than that for free drug at a dose of 30 mg kg<sup>-1</sup>. Moreover, the  
302  $AUC_{0-\infty}$  values were 72.96±39.94 and 43.68±27.14 μg·h·mL<sup>-1</sup> for the drug complex and free drug,  
303 respectively. The relative bioavailability of the drug/*DMβCD* complex to free drug was calculated  
304 to be up to 167.0 %, suggesting that complexation of simvastatin by *DMβCD* resulted in about  
305 1.7-fold higher extent of drug absorption than free drug. The faster absorption and increased  
306 bioavailability of the drug/*DMβCD* complex in rats could be probably attributed to the  
307 significantly improved aqueous solubility and rapid dissolution rate of simvastatin due to  
308 complexation with *DMβCD*. The results of pharmacokinetic studies was in agreement with those  
309 of the pharmacodynamic studies previously reported by Jun, et al (19)., which proved that  
310 simvastatin/*HPβCD* complex showed better reduction in total cholesterol and TG level than free  
311 drug in rats.

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Fig. 5

Table II

## CONCLUSIONS

Phase solubility studies demonstrated that water-insoluble drug simvastatin with the several water-soluble  $\beta$ CD derivatives, such as HP $\beta$ CD, SBE $\beta$ CD and DM $\beta$ CD could be able to form 1:1 stoichiometric complex in water. Among the above CDs, DM $\beta$ CD was found to be the most ideal complexing agent for improving the drug solubility and it also exhibited the largest complexation ability with the drug. Co-evaporation method was applied to prepare the drug complex with DM $\beta$ CD. DSC and FT-IR suggested the conversion of simvastatin crystalline nature to amorphous one and the presence of intermolecular hydrogen bonds between the drug and DM $\beta$ CD. Solubility and dissolution studies indicated that the aqueous solubility and dissolution rate of the drug were obviously enhanced as compared with free drug. Furthermore, the pharmacokinetic and bioavailability studies confirmed that the simvastatin/ DM $\beta$ CD complex showed faster absorption and higher bioavailability than free drug in rats. This could be mainly attributed to the enhanced solubility and increased dissolution due to complexation of the drug with DM $\beta$ CD. Thus, DM $\beta$ CD will have a potential to be used for enhancement of solubility and dissolution rate, thereby bioavailability of the water-insoluble simvastatin.

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427 *Table I. Solubility of free simvastatin and its DM $\beta$ CD complex in water and pH 7.0 phosphate*  
 428 *buffer containing 0.5 % SLS at 50  $\pm$  0.5  $^{\circ}$ C*

429

Formulations	Solubility ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	
	Water	pH7.0 phosphate buffer containing 0.5 % SLS
Simvastatin	0.23 $\pm$ 0.03	242.5 $\pm$ 38.9
Simvastatin/DM $\beta$ CD complex	57.5 $\pm$ 19.3 <sup>a</sup>	641.8 $\pm$ 51.5 <sup>a</sup>

430 Data are represented as mean  $\pm$  SD ( $n = 3$ ). <sup>a</sup>  $p < 0.01$ , compared to free drug.

431  
 432 *Table II. Pharmacokinetic parameters of simvastatin/ DM $\beta$ CD complex in rats using free drug as*  
 433 *control*

Parameters	Free drug	Simvastatin/ DM $\beta$ CD complex
$t_{\text{max}}$ (h)	3.0 $\pm$ 0.63	1.42 $\pm$ 0.49 <sup>a</sup>
$c_{\text{max}}$ ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	8.25 $\pm$ 2.66	21.86 $\pm$ 4.89 <sup>a</sup>
$t_{1/2}$ (h)	3.22 $\pm$ 0.96	3.24 $\pm$ 1.35 <sup>b</sup>
$K_{\text{el}}$ ( $\text{h}^{-1}$ )	0.23 $\pm$ 0.07	0.25 $\pm$ 0.11 <sup>b</sup>
$AUC_{0-t}$ ( $\mu\text{g}\cdot\text{h}\cdot\text{mL}^{-1}$ )	35.27 $\pm$ 16.81	66.20 $\pm$ 38.50 <sup>a</sup>
$AUC_{0-\infty}$ ( $\mu\text{g}\cdot\text{h}\cdot\text{mL}^{-1}$ )	43.68 $\pm$ 27.14	72.96 $\pm$ 39.94 <sup>a</sup>
$F_r$ (%)		167.0 %

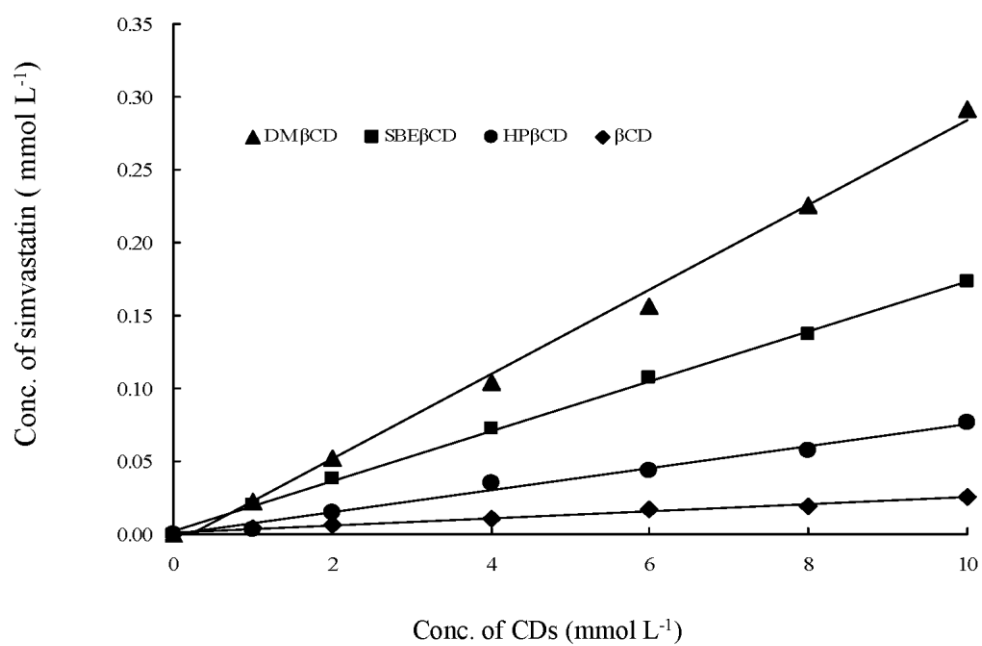
434 Data are represented as mean $\pm$ SD ( $n = 6$ ). Dose 50 mg  $\text{kg}^{-1}$ .

435 <sup>a</sup>  $p < 0.01$  or 0.05, <sup>b</sup>  $p > 0.05$ , compared to the control.

436  $AUC_{0-t}$  – area under the plasma concentration-time curve from time zero to the time of last measured concentration,  $AUC_{0-\infty}$  – area  
 437 under the plasma concentration-time curve from time zero to infinite,  $c_{\text{max}}$  – peak concentration;  $t_{\text{max}}$  – time to reach peak  
 438 concentration;  $t_{1/2}$  – elimination half-life;  $K_{\text{el}}$  – elimination rate constant.

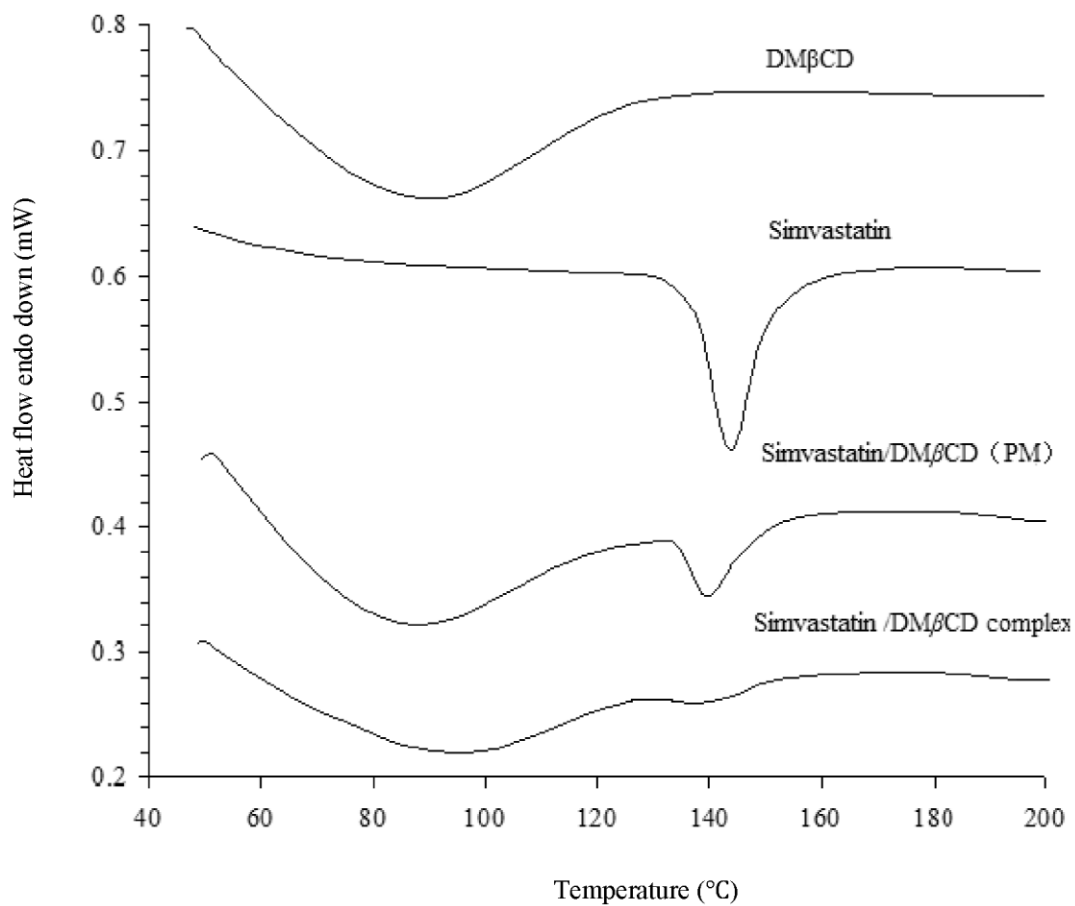
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Fig. 1. Phase solubility diagram of simvastatin as a function of CDs concentration at 37.5 °C.

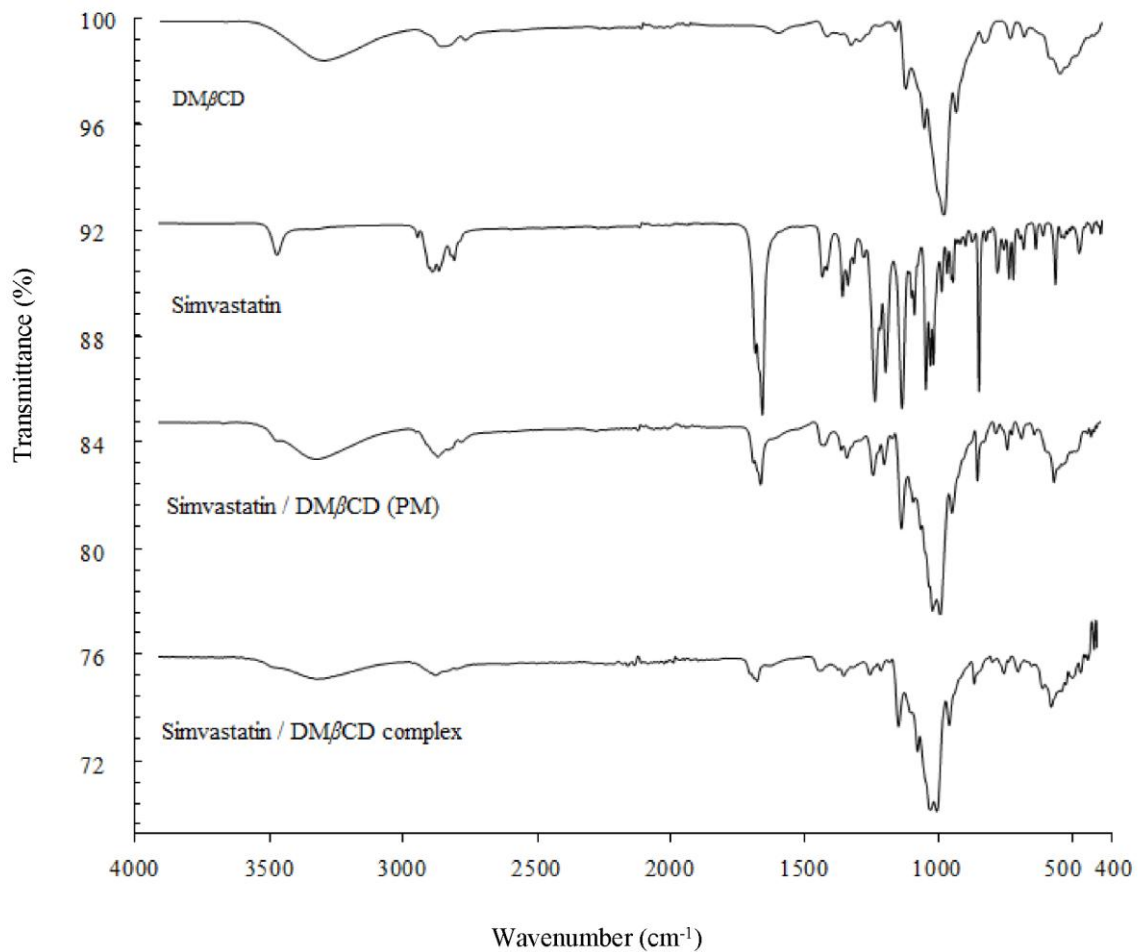


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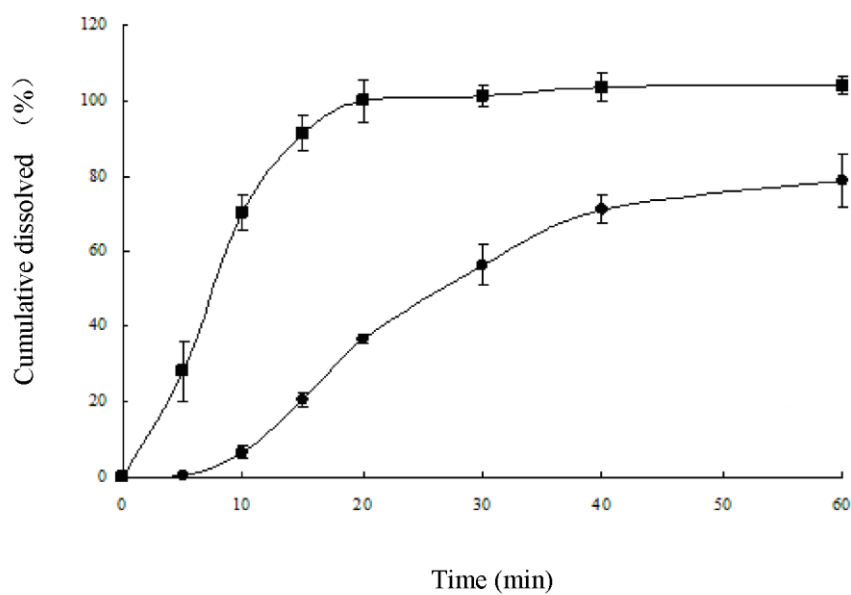
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Fig. 2. DSC thermograms of simvastatin, DM $\beta$ CD, simvastatin/DM $\beta$ CD (PM) and simvastatin/DM $\beta$ CD complex.

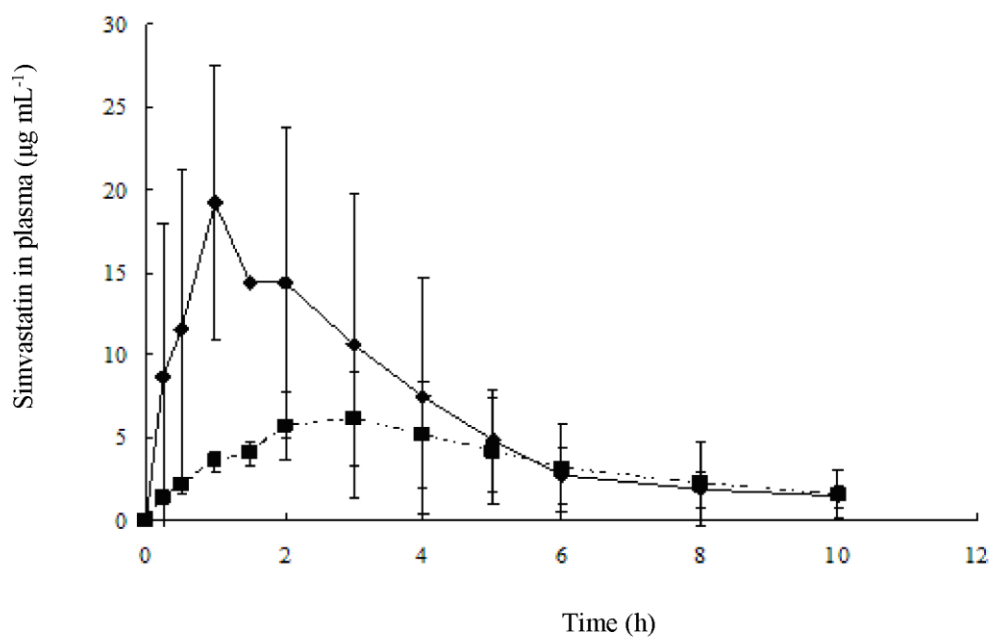


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Fig. 3. FT-IR spectra of simvastatin, DM $\beta$ CD, simvastatin/DM $\beta$ CD (PM) and simvastatin/DM $\beta$ CD complex.



454  
 455 Fig. 4. Dissolution profiles of simvastatin (circle) and its DM $\beta$ CD complex (square) in pH 7.0 phosphate buffer. Data are  
 456 represented as mean  $\pm$  SD ( $n = 3$ ).  
 457



458  
 459 Fig. 5. Mean plasma concentration-time profiles after oral administration of simvastatin/DM $\beta$ CD complex (diamond) as  
 460 well as free drug (square) at the dose of 50 mg kg<sup>-1</sup> to rats. Data are represented as mean  $\pm$  SD ( $n = 6$ ).  
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