# Pitavastatin-attenuated cardiac dysfunction in mice with dilated cardiomyopathy *via* regulation of myocardial calcium handling proteins

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randomly divided to receive placebo or pitavastatin at a dose of 1 or 3 mg kg<sup>-1</sup>d<sup>-1</sup>. After 8 weeks treatment, mice with dilated cardiomyopathy developed serious cardiac dysfunction characterized by significantly enhanced left ventricular end-diastolic diameter (LVIDd), decreased left ventricular ejection fraction (LVEF) as well as left ventricular short axis fractional shortening (LVFS), accompanied with enlarged cardiomyocytes, and increased plasma levels of N-terminal pro-B type natriuretic peptide (NT-proBNP) and plasma angiotensin II (AngII) concentration. Moreover, myocardium sarcoplasmic reticulum Ca<sup>2+</sup> pump (SERCA-2) activity was decreased. The ratio of phosphorylated phospholamban (PLB) to total PLB decreased significantly with the down-regulation of SERCA--2a and ryanodine receptor (RyR2) expression. Pitavastatin was found to ameliorate the cardiac dysfunction in mice with dilated cardiomyopathy by reversing the changes in the ratios of phosphorylated PLB to total PLB, SERCA-2a and RyR2 via reducing the plasma AngII concentration and the expressions of myocardium angiotensin II type 1 receptor  $(AT_1R)$  and protein kinase C (PKC) $\beta$ 2. The possible underlying mechanism might be the regulation of myocardial AT<sub>1</sub>R-PKCβ2-Ca<sup>2+</sup> handling proteins.

C57BL/6 mice with dilated cardiomyopathy (DCM) were

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Dilated cardiomyopathy (DCM) is a multifactorial disease involving cardiac dysfunction and enlargement of one or of both ventricles (1). A number of new anti-heart failure medications, even cytokine therapy (2) or stem cell transplantation (3) have been developed (4) to bring about a glimmer of hope. However, their clinical applications are

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restricted by their high cost and low engraftment. There is still no therapeutic method that effectively reduces the high mortality rate of heart failure except heart transplantation. Therefore, an effective, safe and widely-used agent is urgently needed to attenuate the progress of heart failure.

The 3-hydroxy-3-methyl-glutaryl (HMG)-CoA-reductase inhibitors are the most commonly prescribed agents for hyperlipidemia. In addition to their lipid-lowering action, statins exert a protective effect on the cardiovascular system (5), as indicated by the heart function restoration in ischemic or non-ischemic cardiomyopathy with moderate or severe heart failure (6) observed by clinical trials. It has been also reported that statins could ameliorate B type natriuretic peptide (BNP) up-regulation (10) and exert a therapeutic effect in myocarditis and postmyocarditis dilated cardiomyopathy (11). Pitavastatin has been reported to exert a preventive effect on pressure overload-induced heart failure (12) and ischemic heart failure (13). However, in a PEARL study (14), pitavastatin did not reduce cardiac death or hospitalization in patients with left ventricular ejection fraction (LVEF) < 30 %. Kjekshus (15) and Chang (16) also reported that statins did not reduce the number of deaths from any cause in patients with systolic heart failure. These controversial outcomes confused us, since little was known about the therapeutic effect and underlying mechanism of pitavastatin on DCM.

The purpose of the current study was to observe the cardiac dysfunction in mice with DCM, to report that pitavastatin could ameliorate the impairment in DCM and to explore the possible molecular mechanism involved.

### EXPERIMENTAL

#### Animals

Twenty-four male C57BL/6 mice, aged 8 weeks and weighing approximately 20 g each, were administered doxorubicin (2.5 mg kg, Sigma, USA) intraperitoneally for six days to establish the DCM model (17–9). After 4 weeks, ventricular structure and function were assessed by echocardiography before the animals were randomly divided into three groups, receiving placebo (DCM, n = 8), pitavastatin (powder, Sankyo Company, Japan) at a dose of 1 mg kg<sup>-1</sup> d<sup>-1</sup> (DCM+LD, n = 8) (LD for low dose of pitavastatin) and 3 mg kg<sup>-1</sup> d<sup>-1</sup> (DCM+HD, n = 8) (HD for high dose of pitavastatin) respectively, with eight C57BL/6 (sham, n = 8) mice without dilated cardiomyopathy as a control. Pitavastatin was administered as a suspension in saline, which was used as a vehicle. The concentration of pitavastatin was 0.1 mg mL<sup>-1</sup> and 0.3 mg mL<sup>-1</sup> for DCM+LD or DCM+HD, resp. This vehicle was used as a negative control. Pitavastatin and vehicle were administered at a dose of 200 µL daily by intragastric gavage for 8 weeks.

All animal experimental procedures were approved by the Animal Care and Use Committee of Nanjing Medical University and performed in accordance with the Guide for the Care and Use of Laboratory Animals (NIH publication No. 85–23, National Academy Press, Washington, DC, USA, revised 1996).

# Measurement of cardiac function

Trans-thoracic echocardiographic analysis was performed as previously described (20). M-mode images of the left ventricle were recorded after the animals were anesthetized with isoflurane (5 % for induction, 1 % for maintenance). The following parameters were taken to evaluate the cardiac structure and function: left ventricular end-diastolic diameter (LVIDd), left ventricular ejection fraction (LVEF), left ventricular short axis fractional shortening (LVFS). All parameters were assessed using an average of three beats.

## Determination of plasma NT-proBNP and angiotensin II concentrations

Blood samples were collected from the hearts after the animals were euthanized. N-terminal pro-B type natriuretic peptide (NT-proBNP, R & D Systems, USA) and angiotensin II (AngII ELISA kit from CUSABIO, China) concentrations were determined by ELISA according to the manufacturer's instructions.

### Hematoxylin and eosin (HE) staining

The left ventricle (LV) myocardium was fixed in 4 % formalin, cut transversely, embedded in paraffin, and stained with hematoxylin and eosin. Five randomly selected fields per section were analyzed. Digital photographs were taken using a high-resolution digital image analysis system (QwinV3, Leica, Germany).

# Measurement of SERCA-2 activity

The extracted sarcoplasmic reticulum of cardiac tissues was prepared, and myocardium sarcoplasmic reticulum Ca<sup>2+</sup> pump (SERCA-2) activity was measured according to the operating instructions of Ca<sup>2+</sup>-ATPase kit (Nanjing Jiancheng Bioengineering Institute, China).

### Western blot

Ventricles were removed rapidly from the mice and were stored at -80 °C. The expressions of angiotensin II type 1 receptor (AT<sub>1</sub>R), phosphorylated protein kinase C (phospho-PKC) $\alpha$ , phospho-PKC $\beta$ 1, phospho-PKC $\beta$ 2 (1:300, all from Santa Cruz Biotechnology, Inc., USA), SERCA2a, ryanodine receptor (RyR), phosphorylated phospholamban (phospho-PLB), PLB (1:1000, all from ABCAM, UK) were measured by Western blotting and normalized to the protein level of GAPDH. Total proteins were extracted from the frozen ventricle tissues, and the concentrations were determined using the BCA protein assay. Total 40-µg protein samples were fractionated by sodium dodecylsulphate-polyacryl-amide gel electrophoresis and then transferred to polyvinylidene difluoride membranes. After the membranes were incubated in blocking solution (TBS with 5 % BSA and 0.1 % Tween 20) for 1 hour, primary antibodies were applied to the blots with gentle rocking overnight at 4 °C. Then, the membranes were incubated with horseradish peroxidase-conjugated rabbit or goat secondary antibodies (1:5,000 dilution, Kang Chen Biotechnology, China) for 1 hour at room temperature. The antigen-antibody complexes were detected using an ECL Western-blotting detection reagents with LAS-1000 (FUJIFILM,

Japan) detect system. Quantification of immunoreactivity was performed through a densitometric analysis using ImagePro 5.0 (Media Cybernetics, Inc., USA).

## Statistical analysis

Data were presented as mean  $\pm$  SEM. Differences between groups were evaluated using the one-way analysis of variance (ANOVA) followed by Fisher's LSD test. Differences were considered statistically significant at p < 0.05.

#### RESULTS AND DISCUSSION

Several measurements were used in the present study, such as echocardiographic, NT-proBNP test and SERCA2 activity, to investigate whether DCM mice developed heart dysfunction. It was found that DCM mice developed systolic heart failure characterized by LVIDd increased by 19.6 % (p < 0.05), and decreased LVEF and LVFS by 39.9 (p < 0.05) and 29.5 % (p < 0.05), respectively (Fig. 1). Furthermore, enlarged cardiomyocytes (Fig. 2) and increased NT-proBNP (Table I) were observed (p < 0.05). In addition, down-regulation of the SERCA2 activity by 26.4 % (p < 0.05) was observed (Table II).



Fig. 1. Echocardiographic data of left ventricular end-diastolic diameter (LVIDd), left ventricular ejection fraction (LVEF) and left ventricular short axis fractional shortening (LVFS). a) M type echocardiographic images of sham, DCM controls, DCM+LD and DCM+HD, b) quantitative analysis of LVIDd in sham, DCM controls, DCM+LD and DCM+HD; c) quantitative analysis of LVEF in sham, DCM controls, DCM+LD and DCM+HD; d) quantitative analysis of LVEF in sham, DCM controls, DCM+LD and DCM+HD; d) quantitative analysis of LVFS in sham, DCM controls, DCM+LD and DCM+HD; d) quantitative analysis of LVEF in sham, DCM controls, DCM+LD and DCM+HD; d) quantitative analysis of LVEF in sham, DCM controls, DCM+LD and DCM+HD. Mean  $\pm$  SEM, n = 8; \*p < 0.05 vs. Sham; #p < 0.05 vs. DCM controls,  $^{\Delta}p < 0.05$  vs. DCM+LD.



Fig. 2. Hematoxylin and eosin staining. a) Sham control, b) DCM controls, c) DCM+LD, d) DCM+HD, e) quantitative analysis of the cell size of cardiac myocytes in the four groups and normalized to the sham group. Mean  $\pm$  SEM, n = 8; \*p < 0.05 vs. Sham controls;  $^{4}p < 0.05$  vs. DCM controls;  $^{4}p < 0.05$  vs. DCM+LD.

Previous studies have shown that statins can restore heart function in ischemic or non-ischemic cardiomyopathy (8, 11), ameliorate BNP up-regulation (10), down-regulate arrhythmic events (6) and reduce sudden cardiac death (21) in addition to their lipidlowering effects. Our present study also demonstrated that pitavastatin could ameliorate cardiac malfunction in DCM mice, especially in the high dose group (p < 0.05) (Figs. 1, 2, Table I). The correlation observed between the doses of pitavastatin and the levels of regression further supported the therapeutic effect of pitavastatin, providing more evidence for pitavastatin as a modulator of pathological changes in dilated cardiomyopathy.

However, there have been controversies over the therapeutic effect of statins on cardiac dysfunction. The UNIVERSE (16) trials reported that statins failed to exert therapeutic effects on the left ventricular remodeling in patients with chronic heart failure. In Kjekshus trial (15), even rosuvastatin could reduce the total number of hospitalizations for heart failure, but produced no effect on heart failure mortality. These confused outcomes might be due to the fact that the subjects with heart failure of ischemic or nonischemic etiology were not enrolled with a focus on one definite etiology. It is also possible that these subjects had received standard therapies against heart failure, which

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Group	Sham	DCM	DCM+LD	DCM+HD
NT-proBNP concentration (ng mL <sup>-1</sup> )	142.80 ± 22.66	$225.70 \pm 19.56^{b}$	$175.90 \pm 27.48^{\circ}$	$162.20 \pm 33.57^{\circ}$
SERCA-2 activity (µmol mg <sup>-1</sup> h <sup>-1</sup> ) <sup>a</sup>	6.14 ± 0.93	$4.52 \pm 0.78^{b}$	$5.71 \pm 1.17^{\circ}$	$5.83 \pm 0.33^{\circ}$
AngII concentration (ng L <sup>-1</sup> )	$221.00 \pm 16.87$	$517.20 \pm 26.61^{b}$	$438.70 \pm 20.74^{\circ}$	362.80 ± 26.51 <sup>c</sup>

NT-proBNP - N-terminal pro-B type natriuretic peptide

SERCA2a - sarcoplasmic reticulum calcium pump.

AngII - Angiotensin II

Mean  $\pm$  SEM, n = 8.

<sup>a</sup> Defined per mg protein; <sup>b</sup> p < 0.01 vs. Sham; <sup>c</sup> p < 0.01 vs. DCM controls.

Table II. Effect of pitavastatin on SERCA-2 activity

Group	Sham	DCM	DCM+LD	DCM+HD
SERCA-2 activity (µmol mg <sup>-1</sup> h <sup>-1</sup> ) <sup>a</sup>	6.14 ± 0.93	$4.52 \pm 0.78^{b}$	$5.71 \pm 1.17^{\circ}$	$5.83 \pm 0.33^{\circ}$

SERCA2a - sarcoplasmic reticulum calcium pump.

<sup>a</sup> Defined per mg protein. Mean  $\pm$  SEM, n = 8.

<sup>b</sup> p < 0.01 vs. Sham; <sup>c</sup> p < 0.01 vs. DCM controls.

significantly reduced the mortality of the enrolled subjects before they were treated with statins. Thus, different inclusion and exclusion criteria could cause differences in the pathophysiological and etiological changes observed in heart failure, disturbing the consistence of the results in the cohort. Recently, prospective, randomized, open-label and blinded-endpoint PEARL study (14) of patients with mildly symptomatic heart failure demonstrated that pitavastatin could significantly reduce cardiac death or hospitalization in patients with LVEF  $\geq$  30 %, but not in patients with LVEF 30 %. This outcome partly supported our results and provided important data on the role of pitavastatin in the treatment of chronic heart failure.

In order to investigate the mechanism of attenuation of cardiac dysfunction in DCM by pitavastatin, the expressions of myocardium Ca<sup>2+</sup>-handling proteins were evaluated using Western blot. Our results indicated that the expressions of SERCA2a, RyR2 and the ratio of phosphorylated PLB to total PLB were significantly down-regulated by 41.0 (p < 0.05), 25.2 and 61.1 % (p < 0.05), respectively, in DCM controls compared to those of Sham, which suggested the possible mechanism: that the impaired function of Ca<sup>2+</sup> handling proteins could induce Ca<sup>2+</sup> overload, causing heart failure. However, these impairments were reversed by pitavastatin treatment, especially in the high dose group (p < 0.05) (Fig. 3).



Fig. 3. Expression of Ca<sup>2+</sup>-handling proteins in myocardium. a) Protein expressions of SERCA2a and RyR2 were measured by Western blot and normalized to the sham group; b) protein expressions of phosphorylated PLB and total PLB were tested, and the ratio of phosphorylated PLB to total PLB was presented and normalized to the sham group (mean  $\pm$  SEM, n = 3). \*p < 0.05 vs. Sham; #p < 0.05 vs. DCM controls;  $^{\Delta}p < 0.05 vs$ . DCM+LD.

The renin-angiotensin system (RAS) activation has been demonstrated (22) to have an important role in cardiac remodeling and congestive heart failure during the development of DCM. In the present study, it was also found that the concentration of plasma angiotensin II and the expression of  $AT_1R$  were elevated significantly in DCM (p < 0.05) (Table I, Fig. 4a). It has been reported that statins could inhibit RAS in type1 diabetes (23, 24) and exert protective effects on hypertensive patients due to RAS suppression (25). We also found that the concentration of AngII and the expression of myocardium  $AT_1R$ were suppressed in the pitavastatin treatment group, which indicated that the circulating and local RAS were involved in the treatment.

Protein kinase C (PKC) signal pathway has been reported to play a crucial role in the Ca<sup>2+</sup> regulation (26). Previous studies also reported that RAS inhibition could attenuate cardiac remodeling and heart failure in hypertensive cardiomyopathy (27, 28), dilated cardiomyopathy (29, 30) and coronary artery disease (31) *via* inhibition of PKC signaling pathway (26). It was found that the phospho-PKCβ2, but not phospho-PKCα and phospho-PKCβ1, was significantly up-regulated by 124.4 % (p < 0.01) in DCM, and significantly down-regulated by 30.2 and 50.0 % (p < 0.01) in DCM+LD and DCM+HD, respectively (Fig. 4b). Our study has thus provided evidence that pitavastatin can reverse cardiac dysfunction during the development of DCM by interfering with Ca<sup>2+</sup> handling proteins *via* regulating the myocardial RAS-PKCβ2 signaling pathway in DCM mice.

Our study has also some limitations. The doses of pitavastatin applied to the DCM model were much higher than those in clinical patients. However, the physiological relevance found by the study cannot be neglected even though higher doses are usually administered in animal studies for better therapeutic effects in a short period. Furthermore,



Fig. 4. Protein expression of AT<sub>1</sub>R, PKCα, PKCβ1 and PKCβ2 in myocardium: a) protein expressions of AT<sub>1</sub>R was measured by Western blot, and normalized to the sham group; b) protein expressions of phospho-PKCα, phospho-PKCβ1 and phospho-PKCβ2 were tested, and normalized to the sham group (mean ± SEM, n = 3). \*p < 0.05 vs. Sham; #p < 0.05 vs. DCM controls;  $^{\Delta}p < 0.05$  vs. DCM+LD.

Table III. Effect of pitavastatin on plasma angiotensin II level

Group	Sham	DCM	DCM+LD	DCM+HD
AngII concentration (ng L <sup>-1</sup> )	$221.00 \pm 16.87$	$517.20 \pm 26.61^{a}$	$438.70 \pm 20.74^{\rm b}$	$362.80 \pm 26.51^{b}$

Mean  $\pm$  SEM, n = 8.

<sup>a</sup> p < 0.01 vs. Sham, <sup>b</sup> p < 0.01 vs. DCM controls.

pitavastatin was exclusively applied to DCM model. Therefore, its potential therapeutic effect on the DCM may not apply to the patients who have undergone standard anti-heart failure treatments. In addition, our study indicated the possible molecular mechanism of AT<sub>1</sub>R-PKCβ2-Ca<sup>2+</sup> handling proteins in the attenuation of heart dysfunction. However, the definitive causal relationship among these three components deserves further investigation.

#### CONCLUSIONS

It can be concluded from the present study that pitavastatin exerted a protective effect on dilated cardiomyopathy possibly through down-regulating the circulating and local RAS, followed by inhibition of PKCβ2 phosphorylation, and consequently promot-

ing the phosphorylation of PLB as well as the activity and the expressions of SERCA2a and RyR2, whereby heart function was preserved in the development of DCM.

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*List of acronyms, abbreviations and symbols.* – LVIDd – left ventricular end-diastolic diameter; LVEF – decreased left ventricular ejection fraction; LVFS – left ventricular short axis fractional shortening; NT-proBNP – N-terminal pro-B type natriuretic peptide; AngII – angiotensin II; SERCA-2 – sarco-plasmic reticulum Ca<sup>2+</sup> pump; PLB – phospholamban; RyR2 – ryanodine receptor; AT<sub>1</sub>R – angiotensin II type 1 receptor; PKC – protein kinase C; DCM – dilated cardiomyopathy; RAS – renin-angiotensin system; HMG-CoA-reductase – 3-hydroxy-3-methyl-glutaryl-CoA-reductase; LV – left ventricle; LD – low dose of pitavastatin; HD – high dose of pitavastatin.

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